



April Birthdays

- Irving Wolpin
- David Gilbert
- Marcus Mueller
- Allan Salkin
- Jayant Vasani
- Elizabeth Shields
- Janet Grossman
- Yolanda Bruan
- Martha Grimm
- Carel Abresch
- Ardth Edwards
- Janet Vaughan
- Auralie Finch
- Sarah Muller
- Erna Keele
- Roman Krupczak
- Miguel Ramirez
- Raymond Alcorn
- Frederick Kennedy
- Albert Abbott
- Manny Saadat
- Daniel Rios
- Sharon Myers
- Roger Bernard
- Delores Thweatt
- Lloyd Turrentine
- Sharon Larsen
- Arlene Austreng
- William Hansen
- Terry Kaiser
- Vicki Lonn
- Gloria McHale
- Ron Fender
- Dale Frank
- Connie Smith
- Richardo Garcia
- Pamela Clark
- Christine Blackman
- Raquel Perez
- Nancy Baker
- Gregory Roper
- Edward Blitz
- Joanne McKinney
- N Elizabeth Fried
- Pamela Horn
- Todd Setzer
- Katharine Klene
- Rick Russ
- David Harrington
- Sue Erickson
- Suanne Van Natten
- Joan Perron
- Helle Powell

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BRIDLEWOOD NEWS

Go See Your Doctor...At The Drug Store?

No longer are retail pharmacies merely places to purchase medicine. Now, they are sources of medical care, too. Major retailers in the U.S. are increasingly offering health care services in the form of walk-in retail clinics in their stores. This market-driven phenomenon has been widely hyped as more patients seek faster and more convenient care, but health care experts have expressed doubt these clinics' have the ability to provide health care to those who need it most.



For patients, convenience is the major draw of walk-in retail clinics, which are also structured to charge less than urgent care centers. The shorter waiting times and longer opening hours, especially compared with doctors' offices, are appealing for those with acute but curable ailments like ear infections or minor cuts. There are some estimates that about half of patients who visit MinuteClinic, the name for CVS retail clinics, go during evening, weekend and holiday hours.

For retailers, opening a retail clinic makes smart tactical business sense. Faced with a shortage of doctors, an aging population and a swell in demand for medical care because of the increase in Americans insured under the Affordable Care Act, health care providers have been swamped in recent years.

Is It Considered Safe?

Staffed by physicians' assistants and nurse practitioners, retail health clinics can scoop up patients who want quick treatment for relatively minor issues. Some clinics have also expanded services to include some aspects of preventative care, like immunizations, and to manage chronic conditions like diabetes.

But recently, Walgreens announced that their clinics would manage chronic conditions normally handled by primary care physicians such as diabetes or asthma. While retail clinics already monitor chronic diseases, they only do so after first diagnosed by an outside primary care physician. Walgreens takes it a step further by having its clinicians diagnose these conditions themselves. Competing clinics, like those found in CVS pharmacies, are considering following Walgreens' lead. While expanding the scope of retail clinics undoubtedly improves access, are they properly equipped for primary care diagnoses? Stay Tuned..

Bridlewood Members Have Access To Professional Photographer

When was the last time you had a professional take a family picture? Have you ever wanted to find a great, affordable wedding, or family portrait photographer and just didn't know who you could trust? I recommend David Gibby, he is the professional photographer for Bridlewood Insurance and his services are greatly discounted for Bridlewood members. Now that spring is here, everything is in bloom. Call David today and tell him you're with Bridlewood. **858-492-7377**





April Funnies (Please don't read if you're easily offended)

Headed for a lecture

Ron Chestna, 89 years of age, was stopped by the police around 2 a.m. and was asked where he was going at that time of night. Ron replied, "I'm on my way to a lecture about alcohol abuse, and the effects it has on the human body, as well as smoking and staying out late. "The officer asked, "Really? Who's giving that lecture at this time of night?" Ron replied, "That would be my wife."



Birthdays continued:

- Carole Bennett
 - Pete Homan
 - Virginia Reed
 - Linda Chou
 - Jayne Reichert
 - Maria Garay
 - Paula Hopkins
 - Lynn Hernandez
 - Joan Harper
 - Charles Lekus
 - Burton Blackman
 - Rita McCool
 - William Tiernan
 - Craig Lymer
 - Carole Cavanaugh
 - Gerald Daniels
 - La Dell Myers
 - Ron Pelletier
 - Tony Holgado
- And Happy Birthday to Virginia who didn't want her name mentioned.

The Genie

A man and his wife were playing golf. The man tees off and his ball veers way off to the right, breaking the window of a house. The wife says you must go and apologize and pay for the window. Both the man and his wife walk up to the house, ring the door but no one answers. He opens the door and inside, next to the window he sees a broken vase with his golf ball laying on the floor.

Suddenly a man comes out of a nearby room. The golfer starts to apologize for breaking his window and the vase. The man inside the house says, "No, don't apologize, I am a genie and have been stuck in that vase for 10,000 years. You have

rescued me and I owe you deeply. For helping me I will grant three wishes. I will give you one, your lovely wife one and I would like to keep one for myself."



He asks the man what he wishes for. The man thought awhile and said, "I wish for a million dollars." The genie waves his hand and said, "A million dollars, it's yours, it has been deposited into your bank account." He asks the wife what is her wish. She says, "I wish for a condominium in Hawaii." The genie waves his hand and says, "A condominium in Hawaii, it's yours." The genie continues, "Now it is my turn." He thinks for awhile and says, "You know its been 10,000 years since I have had a woman, could I make love to

your wife?"

The man thinks for a while and says, "Honey, he gave us a million dollars and a condo in Hawaii, the least you could do is make love to him."

She reluctantly agrees and they both go to the back bedroom. After making passionate love, the woman says, "I can't believe that my husband let you do this to me."

The genie says, "And I can't believe that your husband still believes in genies."

- ### The 90+ Club
- Martha Grimm 97
 - Irving Wolpin 95
 - Ardth Edwards 91
 - Janet Vaughan 91

Congratulations

That's what clean living and reading Bridlewood News will do for you!

Four Letter Words

A young couple got married and went on a cruise for their honeymoon. When they got back home the bride immediately called her mom, who lived three hours away.

"Well, darling," said her Mom, "How was your honeymoon?" "It was wonderful, and so romantic. We had a great time," said the bride, but as soon as we got home he started using really horrible language. Words I have never heard before. Really horrible four-letter words! You've got to come get me...PLEASE." Then the bride began to sob over the phone. "PLEASE, mom come get me!" begged the bride. "But honey what did he say? What 4-letter words? You have to tell me what's troubling you," said her mom. Still sobbing the bride said to her mother..."Words like....DUST, IRON, COOK, WASH!"



Are you smarter than a 5th grader?



- The state capital of California is:**
A. Los Angeles B. San Francisco C. Sacramento
- The California state bird is the:**
A. California valley quail B. Common merganser C. California condor
- Half of all Americans live within 50 miles of what?**
A. Their birthplace B. Parents live C. An Ocean
- California's state nickname is:**
A. Earthquake State B. Golden State C. Sunshine State
- What do bulletproof vests, fire escapes, windshield wipers and laser printers have in common?**
A. All invented by 3M B. All were products of NASA C. All were invented by women.
- Which day are there more collect calls than any other day of the year?**
A. Mothers Day B. Father's Day C: Thanksgiving
- Each king in a deck of playing cards represents a great king from history, Who is the King of Clubs?**
A. King David B. Alexander the Great C. Julius Caesar
- The average number of people airborne over the U.S. in any given hour:**
A. 61,000 B. 82,000 C: 110,000
- The State with the highest percentage of people who walk to work:**
A. Minnesota B: New York C: Alaska
- The cost of raising a medium-size dog to the age of eleven:**
A. \$1,250 B. \$4,950 C: \$16,400

The answers are on the bottom of page 4:

Healthy News April Referrals

I wanted to thank those that thought enough of me to refer their friends and family. It didn't seem enough to just say "thanks" so the Referral Tree is my way to properly thank those responsible. Look for your Starbucks gift card in the mail.

- Jimmy Dutton** referred **Roger Osborne**
- Helene Freeman** referred **David Heraty**
- Tro Badilla** referred **Edgardo Badilla**
- Renata Shein** referred **Tro & Linda Badilla**
- Helene Freeman** referred **Joe & Linda Silva**



Bridlewood Senior Magazine Spring Edition

The long awaited spring edition of Bridlewood Senior Magazine is due out the end of April. The spring edition is 58 pages in full color and will again highlight the terrific Bridlewood agents.

This edition will also spotlight a few of our agent managers and go behind the scenes telling their stories on their journey in life. One new addition in the spring issue, is a crossword puzzle where the clues to solve the puzzle can be found in the Bridlewood agents biographies.

If you have a business and would like to advertise in the Spring edition, please email jeff@bridlewoodinsurance.com. There will be 5,000 copies printed and all Bridlewood members will receive a magazine.

Don't delay, email me today to see if we have space available.

Thinking Outside the Box

You are driving along in your car on a wild, stormy night. You pass by a bus stop, and you see three people waiting for the bus:

1. An old lady who looks as if she is about to die.
2. An old friend who once saved your life.
3. The perfect man (or) woman you have been dreaming about.



Which one would you choose to offer a ride to, knowing that there could be only one passenger in your car? Think, before you continue reading. This is a moral/ethical dilemma that was once actually used as part of a job application. You could pick up the old lady, because she is going to die, and thus you should save her first; or you could take the old friend because he once saved your life, and this would be the perfect chance to pay him back. However, you may never be able to find your perfect dream lover again. The answer is below.

Having Trouble Hearing On the Phone?

When you pay your phone bill, and you see all those little extra add on charges? Do you know what they are for? One of those charges for .07 cents goes to the California Telephone Access Program. The CTAP offers a range of free, specialized phones that make it easier to hear, dial, and call. They also have phones that are designed for individuals who have restricted mobility, speech impairments, or who are blind or deaf. To get your free phone:

1. **Fill out an application online**
2. **Have your Doctor or Certified Professional sign it.**
3. **Submit your application by mail, email, fax, or in person.**



It's that simple. For more information, go to www.californiaphones.org or call 1-800-806-1191 and have an application sent out. If you have a signed application already, they have an office located in San Diego at 1455 Frazee Road, Suite 406, where you can stop by and pick-up your phone directly.

Personal Notes: Here We Go Again.

We just found out my daughter Lexy will need a third major surgery on her right ankle in June. To give you a little history, Lexy has had problems with that ankle since she was a freshman at Poway High School. She endured the pain and as a junior even lettered in three sports- Cross Country, Basketball and Track- all of which required extensive running and a lot of pain. Finally, as a senior, doctors discovered the problem was several bones fused together that should be separated by cartilage. A surgeon was chosen and the surgery was performed, which entailed inserting a 3 inch screw. The rehab took about four months but the pain never really went away. It just shifted to another part of the ankle. A second surgery was performed a year later by another surgeon, to clean out scar tissue but still the pain continued.

Now it seems the first surgery was not done properly and the whole procedure has to be done over. It's looks like the first Dr. (we'll call him Dr. Bozo) took some short cuts during the surgery and the ankle was never allowed to heal properly. What's worse, since this has happened, we have met or heard stories of 5-6 other people that had surgery performed by Dr. Bozo, and they all had continuing problems.

I kick myself for not doing more due diligence prior to the first surgery. In my position, I should have known that Dr. Bozo was bad news. My first clue should have been getting an appointment to see him. To get to this new highly regarded surgeon, that will do Lexy's surgery in June, it took 4 months to see him. When you call Dr. Bozo's office for an appointment, their answer is "What time can you get here?"

Just a word of warning, spend the extra time checking out your orthopedic surgeon. You will save yourself huge problems down the road.

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