



January Birthdays

- Patricia Nelson
- Bud Sanders
- Gerald Alcorn
- Robert McHose
- Dorothy Gleason
- Meridee Katz
- Mary Koester
- Alethena Al-tenbern
- Nancy Amberg
- Hal Ballon
- Oriela Ballon
- Linda Cohen
- Mark Johnson
- Peggy Poulsen
- Bob Poulsen
- Larry Wilson
- Deanna Liebergot
- Annie Aguilar
- Joe Auresto
- Marjorie Brandt
- Jonathan Braun
- Linda Brown
- Rosemarie Chabot
- Jack Cohen
- Geraldine Cover
- JoAnn Dolan
- Valerie Flannery
- Leslie Gardner
- Karin Hellebrect
- Richard Hilton
- John Hoffman
- Terrie Jacobsen
- Helen Jansen
- Carol Kurzweil
- Virginia Leak
- Sally Lindsay
- Florence Logsdon
- Donna Maccini
- Kathy MacIntyre
- Virginia Maczko
- Barbara Marcus
- Bernadette Martinez
- Patty Mayfield
- Calvin McGaugh

BRIDLEWOOD NEWS

Open Enrollment EXTENDED!!

Open Enrollment Extended To March 31st Due to The Wildfires

If you haven't already called me for a review of your current plan, you are in luck. The Centers for Medicaid and Medicare Services has granted extensions to all Medicare eligible people affected by Wildfires, in the following counties: San Diego, Riverside, Orange and Los Angeles county. Instead of calling it Open Enrollment it is actually a Special Election Period due to a Weather Related Emergency.

Medicare Open Enrollment is a great time each year to review your Medicare plan and see if it's still the right plan for the following year. If you have a Medicare Advantage plan and you are unsure if it's the right plan for 2018, **please call me at (858) 753-1920 ASAP** to review.

Our Recommendation for San Diego County 2018

For those paying \$26 per month for the UnitedHealthcare VALUE plan or are paying \$70 per month for the PREMIER plan. (If your not sure what you have, with the Value plan you pay \$20 to see your Primary doctor and with the Premier you pay a \$15 co-pay.)

By switching from Value Plan to Plan 4, the Total benefit = \$472

By switching from Premier Plan to Plan 4, the Total benefit = \$1,000

- ◆ Same doctors
- ◆ Same prescription drug coverage
- ◆ Same member ID number

Due to recent changes in Plan 4, there is no reason to keep lining the pockets of the Insurance company. Call us today and we will send you a side by side comparison of your plan vs Plan 4.

Call Me At 858-753-1920 Today



January Funnies

(Please do not read if you are easily offended!)

I Bearly Made It!

A priest, a minister, and a rabbi want to see who's best at his job. So they each go into the woods, find a bear, and attempt to convert it.

Later they get together. The priest begins: "When I found the bear, I read to him from the Catechism and sprinkled him with holy water. Next week is his First Communion."

"I found a bear by the stream," says the minister, "and preached God's holy word. The bear was so mesmerized that he let me baptize him."

They both look down at the rabbi, who is lying on a gurney in a body cast.

"Looking back," he says, "maybe I shouldn't have started with the circumcision."



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Birthdays Continued:

Florentino Nacu
Ethel Peckham
Charlene Perrine
James Ploudre
Elaine Powell
Sharon Prince
Jeannie Ramsey
Rosa Rivera
Vi Sarachman
Linda Silva
Eleanor Smith
Katherine Thornton
Mary Waldron
Mario Orlando
Marilyn Applegate
Deb Dodd-Delia
Tom Gilmore
Lydia Persails
Fred Stocker
Michael Chillinsky
Catherine Parks
Suzanne Schulte
Don Trammel
Ibrahim Kulauzovic
Charlotte Alcorn
Terry Grimes
Danny Newby
John Trochta
Dan Vo
Sharon Root
Allen Sturm
Bonnie James
Robert Grigsby
Jane Forsyth
Nancy Levett
Betty Lunsford
Carmen Snyder
Wayne Finley
Larry Wilson

Talking Dog?!

A guy spots a sign outside a house that reads "Talking Dog for Sale." Intrigued, he walks in. "So what have you done with your life?" he asks the dog.

"I've led a very full life," says the dog. "I lived in the Alps rescuing avalanche victims. Then I served my country in Iraq. And now I spend my days reading to the residents of a retirement home."

The guy is flabbergasted. He asks the dog's owner, "Why on earth would you want to get rid of an incredible dog like that?"

The owner says, "Because he's a liar! He never did any of that!"

Genie Got It Wrong

Two Men were out fishing when one decides to have a smoke. He asks the other guy if he has a lighter He replies "Yes I do!" and hands the other a 10 inch long BIC lighter. Surprised the guy asks "Where did you get this?"

The guy replies "Oh I have a personal genie."

The first man asks "Can I make a wish?"

"Sure", says the other man. "Just make sure that you speak clearly because he is a little hard of hearing"

"Ok I will," says the other.

As he rubs the lamp a genie appears and asks the man what he wants. The man says " I want a Million Bucks " The genie says OK, and goes back to his bottle and 10 seconds later a million ducks fly overhead.

The guy says to the other " Your genie really sucks at hearing, doesn't he?" The other man replies "I know, do you really think I asked for a 10 inch BIC"



See the 90+ Club on page 3



Take Advantage of the Added Benefits of Your Plan

If you have a **UnitedHealthcare Advantage plan**, you probably have some additional benefits that you may not even be aware of, or taking advantage of.

UHC Plan 4 has these features:

- * **NurseLine** - which allows you to speak with a registered nurse (RN) 24 hours a day/ 7 days a week.
Call (877) 365-7949
- * **Over-the-Counter Essentials** - gives you a \$40 per quarter credit to purchase approved health products from their catalog. Call (877) 795-4521
- * **Transportation** - you receive 24 one-way trips per year. Call at least 2 days in advance (866) 418-9812

UHC Sharp plan has these features:

- * **NurseLine** - which allows you to speak with a registered nurse (RN) 24 hours a day/ 7 days a week.
Call (877) 365-7949
- * **Over-the-Counter Essentials** - gives you a \$40 per quarter credit to purchase approved health products from their catalog. Call (877) 795-4521
- * **Free SilverSneakers Fitness Membership** - can be used at more than 1,300 fitness locations.
Call (888) 423-4632

90 + Birthday Club

1. Audra Redman - 101!
2. Marion Patterson - 98
3. Phyllis Cerise - 96
4. Jean Caswell - 94
5. Anna Frost - 94
6. Elsie Speck - 93
7. Helen Cox - 92
8. Ron Blanding - 92
9. Agnes Kampf - 92
10. Margaret Saler - 91
11. Marion Gilbert - 90
12. Iris Fridrichson - 90

If you have any questions about which plan you have currently, give Bridlewood a call at **(858) 753-1920**.

Medicare and Social Security to Be Left Alone

Republican Senate Majority Leader Mitch McConnell said Thursday he was unlikely to tackle changes to Social Security or Medicare next year, potentially extinguishing the hopes of House Speaker Paul Ryan to wring savings from the entitlement programs.

“The only way I would be willing to go to entitlement reform—I assume that’s a euphemism for things like Social Security and Medicare—would be if there were Democratic support,” Mr. McConnell said in an interview with The Wall Street Journal. “I’ve not heard of any.”

Mr. McConnell, a Kentucky Republican, has what amounts to veto power over next year’s agenda because he controls the Senate floor. In the new year, he will lead a Republican caucus with a narrow 51-49 margin in the Senate, where most legislation requires 60 votes to advance.



MEDICARE			HEALTH INSURANCE
1-800-MEDICARE (1-800-633-4227)			
NAME OF BENEFICIARY YOUR NAME HERE			
MEDICARE CLAIM NUMBER 000-00-0000-A		SEX FEMALE	
IS ENTITLED TO HOSPITAL (PART A)		EFFECTIVE DATE 07-01-1986	
MEDICAL (PART B)		07-01-1986	
SIGN HERE <i>Jane Doe</i>			



Referrals From December

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Jim & Carol Abbott referred Carol Hamann

Rachel Glick referred Marie Escovel

Charlotte & Wayne Finley referred Patricia Hoffman

We try hard to recognize every referral we are aware of, but if we missed anyone, please let us know! If you have sent us a referral, just send us a quick email so that we won't forget it and we can send you a "thank you".

We want all of you to know that it is our privilege to serve you, and the greatest compliment you pay us is the referral of your family and friends. Thank you!

Which Two Countries Allow Prescription Drug Commercials?

If you watch any television in America, you've probably seen your fair share of pharmaceutical ads. You know, there's the invitation to "talk to your doctor" about whatever pill will cure you, along with a string of potential side effects, that are sometimes so lengthy and ridiculous that you aren't sure whether you're watching a real commercial or a Saturday Night Live rerun.



With America in the midst of an opioid epidemic fueled in part by prescription painkillers, it's worth asking how we became a nation that can from one side of the mouth declare a war on drugs, and from the other spew ad copy telling people to take drugs.

Last year alone, drug companies spent \$4.5 billion on direct market advertising. Pharmaceutical advertising has spiraled so far out of control that the American Medical Association last year proposed an outright ban on it. Did you guess the only other country in the world that allows Drug Commercials?New Zealand.

Personal Notes:

At the beginning of every new year, just like many other people, we set some goals and resolutions. This year a few things I'm resolved to accomplish are to lose weight, spend more time volunteering, laugh more, and take every opportunity I can to see my kids. My mother-in-law, Judy, is planning to spend the next four months with us, and she has been prompting me forever to clean out my closets and attic and have a garage sale. It's something I know I need to do, but have been putting off for so long because it's been so hard to get motivated to do. Now that she is going to be spending her winter with us, I'll have no more excuses to not follow through (ugh!!) A few goals I have set for myself are to take a few art classes and get back into painting, read at least 2 books a month, be more patient and kinder to everyone around me, and to continue to build great relationships with all of my clients and prospects.

Welcome everyone to the New Year! Here's wishing you a fun, safe & prosperous 2018.

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